



THE BUZZELL BUZZ

THE DEPARTMENT OF ELDERLY SERVICES

SEPTEMBER 2020



BUZZELL SENIOR CENTER

15 SCHOOL STREET
WILMINGTON, MA 01887

TELEPHONE:

978-657-7595 OR
978-658-2258

MONDAY – FRIDAY
9:00AM– 4:30PM

News & Updates

September is National Senior Center Month and it is going to be busy! We are going to have some special events that you will not want to miss. Space for all of these events is limited, so sign up quickly. We cannot thank Winchester Hospital Community Benefits enough for making these events possible and giving us a fun filled Senior Center month! Let the fun begin!

We had a great response to our trivia events for the month of August. Zoom Trivia was a lot of fun! See who won 1950's Zoom Trivia on page 4. Since we have a lot of events coming up this month we wanted to get this newsletter out early. Therefore, the winner for the 1960's Trivia will be announced in the October Newsletter instead as this event occurred late in August. Also, check out who won the Drive-Thru Dessert Trivia on page 2 and see if your answers were right! Since everyone seemed to enjoy the trivia, we will be having more trivia and games at the events this month.

The Buzzell Senior Center continues to explore ways of safely offering alternative programming at the center. There are some services that have continued uninterrupted throughout this time of COVID-19. Case Management services through the Department of Elderly Services continues to be available. Case management can assist with ensuring that elders have the help they need to remain in their home safe and independent. These services may include home delivered meals, lifeline, helping with fuel assistance applications, and SNAP applications. Also, referrals to in-home services that can assist with personal care, food shopping, and light housekeeping. Please contact Case Manager Laura Pickett, 978-657-7595 for further information.

Though the center remains closed, staff is in the office to answer any questions that may arise. **Please note that staff will not be in the office on Monday, September 7, 2020 in observation of Labor Day. There will be no home delivered meals on this day as well.**



Department of Elderly Services *Staff Contact Information*

Director: Terri Marciello
TMARCIELLO@WILMINGTONMA.GOV

Case Manager: Laura Pickett
LPICKETT@WILMINGTONMA.GOV

Senior Clerk: Kelly Fordham
KFORDHAM@WILMINGTONMA.GOV

Assistant Clerk: Lisa Fanikos
LFANIKOS@WILMINGTONMA.GOV

Assistant Case Worker:
Patti Meehan
PMEEHAN@WILMINGTONMA.GOV




Shine Counseling:

Are you thinking about changing your Medicare Advantage or Medigap Supplement Plan? Are your prescription costs unaffordable? Do you want to learn about Medicare Savings Programs for income eligible beneficiaries? Annual Medicare Open Enrollment October 15, 2020 – December 7, 2020 is the best time of year to compare plans, costs, and new benefits. Please call 978-657-7595 to schedule a virtual or telephonic SHINE counseling session now.

Fuel Assistance:

It is getting to be that time again! Renewal information is being mailed out. Please call the center if you need assistance or need copies made. More information will be available in the October Newsletter.

Household Size	Max. Gross Income
1	\$39,105
2	\$51,137
3	\$63,169
 4	\$75,201



CONGRATULATIONS



Congratulations to BERNICE RUSSO for winning the Drive-Thru Dessert Trivia game in August!

Bernice won a gift bag.

This event was recorded by WCTV. To watch it, go to wctv.org/video-on-demand/ then click on Wilmington Senior Center Dessert and Trivia or watch on our Facebook page.

Trivia answers below, Please refer to questions in the July Newsletter

1: 1986

2: C, According to the 2010 census, Wilmington's population was 22,325

3: John Wallace, Mark Ryan, Charlotte Demarco, Mary D'Eon, Pat Robarge, Robin Theodos, Gail Protopapas.

4: Whitefield Elm

5: Multiple correct answers. *Our winner had a great response to this question that we wanted to share with everyone. Bernice said, "In the July issue it was helpful to see the "Better Together" banner being carried at the community walk for justice rally to be reminded that seniors make a difference every day."*

DRIVE-THRU EVENTS



Sign up quickly as there is limited space. Call the center to make your reservations today! Each event has a game or trivia. To play, simply write your name and answers on a piece of paper and give to a staff member during the event. If there are multiple winners a name will be chosen from a hat.



These events have been made possible by Winchester Hospital

Community Benefits



Drive-Thru Luncheon:

Wednesday, September 2, 2020

12:00PM

Turkey Sandwich, Chips, and Cookie

Trivia:

1. Speaking of sandwiches, this simple sandwich has been proposed as the official state sandwich of Massachusetts. In fact, the City of Somerville holds an annual festival for this sandwich.
2. In 1887, this was the 1st state to make Labor Day an official public holiday?

A. Florida	C. Oregon
B. California	D. Colorado
3. Name one section you enjoyed in the August Newsletter.

Drive-Thru Luncheon:

Wednesday, September 16, 2020

12:00PM

Chicken Broccoli Alfredo

Trivia:

1. What year did Grandparents Day first begin?

A. 1978	C. 1977
B. 1980	D. 1975
2. What President signed the proclamation for Grandparents Day?

A. Ford	C. Nixon
B. Reagan	D. Carter
3. What is a topic you would like more information on in the next newsletter?

Drive-Thru Dessert & Game

Tuesday, September 22, 2020

at 1:00PM Let's celebrate the first day of Autumn with some

Apple Pie & Ice Cream



GAME: Can you find my Friends?

Throughout this newsletter there are bee's socially distancing and wearing face masks!

Including this one here, how many can you find? Write the number on a piece of paper and submit during this event



SEPTEMBER BIRTHDAYS

We can't help you blow out the candles on your cake unless you tell us your special day!

Please call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!

Harry Atamian	Susanne Clarkin	Thomas Haggerty	Mary McCauley	Maria Sordillo
Gerri Bellavia	Sandra Cosman	Margaret Gundersen	Doreen McNeil	GiGi Shenloogian
Cindy Bouley	Mary Downing	Kim Lynn	Josephine Miano	Sandy Rice
Rosemarie Bromander	Kelly Fordham	Janice LaCasse	Al Maiella	Norma Wallace
Ethel Butters	Angela Forte	Al LaValle	Thomas Moran	
Diane Buttaro	Jackie Holmes	Peggy Lowell	Anna Marino	
Grace Carroll	Ellen Houle	Theresa Lowney	Ed Nash	
Manuel Chaves	Jean Hartka	Lynne Martell	Rosemarie Pasquale	



Grandparents day is Sunday, September 13, 2020



We would like to take a moment to say Happy Grandparents Day to all of the grandparents, great grandparents, great great grandparents, and great great great grandparents out there!

We hope you have a wonderful day.

"Side by side or miles apart, a grandparent is always close to the heart" - Unknown



Caregivers Support Group

The Department of Elderly Services continues to test new ways of providing services during these challenging times. Our Caregivers Support Group will resume meeting on the 3rd Monday of the month from 10:30AM to 12:00PM outside at the Buzzell Senior Center (weather permitting). The next meeting will be held on September 21, 2020. For safety and health reasons, this group is limited to 8. We are requesting that anyone interested to please call Laura Pickett, Case Manager at 978-657-7595.

The Department will continue to search for innovative ideas to meet the needs of our community during these unsettling times.



Bereavement Support Group



Meets the first Monday of the month 6:00PM-7:00PM

At Villanova Hall

126 Middlesex Ave, Wilmington

All are welcome, No need to RSVP.
COVID precautions will be in place,
Please wear a mask.

This group is facilitated by Lori Hayes,
RN – Faith Community Nurse

Please contact Lori at 978-604-3102 with any questions.

LET'S CONGRATULATE OUR 1950'S ZOOM TRIVIA WINNER... ANN BERGHAUS!




It was a close game and came down to a tie-breaker between Ann Berghaus and George Allan

Ann won a gift bag filled with goodies. Ann said she was a 1950's girl and she certainly is!

Thanks to all of our players; George Allan, Ann Berghaus, Jim Brennick, Joan Foresteire, and Audrey Reed.

ZOOM TRIVIA

Join Kelly for **Zoom Trivia**! This month we have Logo Trivia (*see below on how Logo Trivia will be played*) and Wilmington Trivia. September marks the **290th Anniversary of Wilmington!** Big thank you to Ann Berghaus for volunteering to create a Wilmington trivia in celebration of this special month. Each event will have 20 questions and tie breaker questions if necessary. Test your knowledge, see some friendly faces, and have fun! **Winners will be announced in the October Newsletter** **If you are hesitant to sign up because you have never used Zoom, call the center and speak with Kelly.** Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one Zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have. We encourage anyone interested in trying Zoom to sign up for an event or speak with Kelly. Though the warm weather is here now and we are able to sit outside and catch up while social distancing, the weather may not always make this feasible. Let's all learn Zoom together and be prepared for those not so nice weather days! You must sign up for this event See below on how to play and how to sign up. Limited space is available. This event is free of cost. 

TUESDAY SEPTEMBER 8, 2020

9:30AM-10:30AM

LOGO TRIVIA

TUESDAY SEPTEMBER 22, 2020

9:30AM-10:30AM

WILMINGTON TRIVIA

HOW TO PLAY: All you need is a pen and paper! I will ask the question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end of the game will win a prize!

Logo Trivia: I will show you a picture of a logo and you will write down which company or brand it is.

Example:  = McDonald's

There are two ways to sign up...

1. Simply call the center to sign up. Tell us the date you'd like to join and give us your email address. We will email you the link to the zoom event. On the day of the event, click on the link and you will be entered into the video chat.
2. Sign up online for any of these events at www.myactivecenter.com This is a secure and easy to use site to browse and sign up for events at our senior center and others in the area. Create an account using your *My Senior Center* card (the card you scan when you enter the center). If you do not have a card, call the center and we will assign you one. Next, choose Buzzell Senior Center as the closest center available. The site will remember that this is the preferred location. In the search bar, search "Zoom Trivia" and click on it. Click on the date you'd like to join and click register. A new screen will pop up, click register again. The event will then be added on your My Activity Center calendar. The Zoom Meeting link will be emailed to you a couple days before the event. A few minutes before it begins go to your email and click on the link, then you will be entered into the video chat.

KEEP YOUR IDENTITY AND MONEY SAFE... DON'T FALL VICTIM TO SCAMS!

The most effective way to defeat scammers is to know how to identify scams. You should just hang up on any call you're uncertain of and ignore any suspicious emails. Many scammers pose as federal agents or other law enforcement using fear tactics to get what they want. In each upcoming newsletter we are going to go into detail about one of the 6 most common scams; Grandparent Scam, Sweepstakes scam, Home Improvement Scam, Telemarketer Scam, Internet Scams, and Charity Scams. Since Grandparents day is this month, lets start off with the Grandparent Scam...

One of the most common scams presented to seniors is the **Grandparent Scam**. The caller claims to be a relative, a grandson, or granddaughter, and the call is urgent. Typically, the grandchild is out of town and is in trouble, needs money fast for some emergency, and doesn't want the rest of the family to know. The caller may have bits of information, some of which could be collected from sources like social media, and prompts the senior to provide more information, making the call seem genuine.



This is NOT a legitimate call. Hang up the phone and contact your family or the authorities.

Always Remember: Social Security will NEVER...

- Threaten you with benefit suspension, arrest, or other legal action unless you pay a fee.
- Promise a benefit increase or other assistance in exchange for payment.
- Require payment by gift card, cash, wire transfer, internet currency, or a prepaid gift card.
- Demand secrecy from you in handling a Social Security-related problem

If you do not have ongoing business with Social Security, it is unlikely they will call you. **JUST HANG UP!**

OUTDOOR ACTIVITES

As mentioned in the August newsletter, we have resumed some activities outdoors. If you are interested in any of these activities, please call the center to sign up.


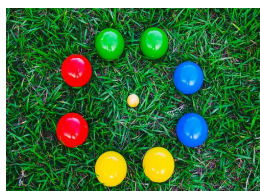
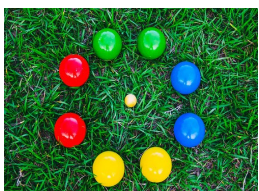

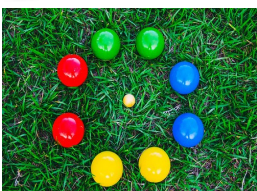
Reminders: Sign up is mandatory. Face masks must be worn while walking about and while getting settled. Once you are at a safe distance, face masks can be removed during the activity. Make sure you bring water. We have had a lot of interest in bocce so we are now offering bocce on three different days. (This is to make sure we are compliant with the 8 persons restriction per group).

All activities will be as scheduled (weather permitting)

Walking Groups:



Everyone that called and signed up was given additional information including meeting time, location, and dates. If you are interested in signing up but have not yet, please do not hesitate to call the center.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Tai-Chi	Bocce	Bocce	Yoga	Bocce
				

ART GALLERY



Honey Tree
By: Steve Greco



Great White Egret
By: Maureen Maher



Bird on a Vase
By: Celia Cornish



Canoe on a Lake
By: Mark Ryan



Children at the Seashore
By: Mark Ryan



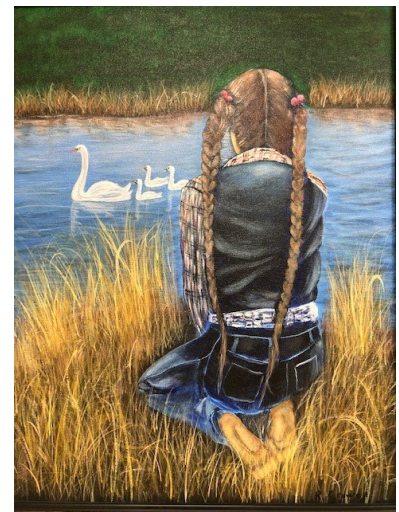
Canadian Goose
By: Maureen Maher



A Ben Bulben Dream
By: Joan Murphy



Untitled
By: Kay Bimbo



Untitled
By: Roy Crowell



WORD SEARCH

In honor of National Senior Center month, we have created our own word search!
Have fun finding all of your favorite activities, classes, and lingo!



C	D	E	L	Z	Z	U	P	X	G	G	N	O	J	H	A	M	H	M	Z	R	N	M	M	H
E	N	A	N	V	I	D	E	O	E	X	E	R	C	I	S	E	O	N	C	V	K	E	O	P
B	E	A	D	I	N	G	N	I	T	L	I	U	Q	P	X	O	O	L	H	H	M	G	G	U
I	N	L	J	E	G	Q	K	F	S	F	W	Q	N	B	O	L	S	K	N	O	L	A	N	O
V	X	U	V	C	Z	P	O	C	M	C	A	O	N	Y	F	K	P	R	R	R	L	B	I	R
E	O	K	U	B	V	S	R	E	G	N	I	S	N	U	F	W	E	Y	A	N	E	B	L	G
R	I	B	G	T	V	F	D	F	B	Y	X	M	E	U	N	M	C	R	I	K	Z	I	W	T
U	M	M	H	A	L	U	D	V	I	L	F	L	A	S	A	A	I	K	D	I	Z	R	O	R
S	A	W	B	X	B	A	H	B	C	Y	A	M	T	R	F	W	A	X	W	B	U	C	B	O
S	I	B	V	P	G	T	Q	K	E	S	S	G	L	E	E	P	L	A	A	W	B	P	I	P
E	U	L	W	R	A	O	I	N	S	T	S	O	O	D	O	C	E	J	C	B	V	S	I	P
R	I	Y	O	E	M	A	E	I	K	M	T	B	C	Y	Z	M	X	C	N	N	H	N	W	U
P	G	P	R	P	E	N	S	T	T	S	S	E	V	I	T	R	E	I	S	I	C	O	G	S
D	N	Y	C	T	D	T	G	T	Z	D	M	L	R	V	A	K	R	H	N	G	I	Q	I	Z
O	I	V	C	M	A	T	X	I	B	R	K	J	K	T	A	L	C	E	T	N	L	O	V	O
O	W	X	V	N	Y	S	R	N	A	A	S	T	G	G	O	C	I	Z	P	I	Y	X	I	O
L	E	Z	C	U	I	Q	R	G	S	C	Z	S	L	H	K	G	S	Z	M	C	R	Z	N	M
B	S	E	J	Z	E	N	O	T	D	N	A	E	C	N	A	D	E	J	E	N	C	I	G	H
U	V	A	P	O	D	I	A	T	R	I	S	T	I	A	N	H	O	T	E	A	A	H	T	B
E	X	C	P	O	I	N	E	E	R	K	J	E	B	Y	I	Z	C	R	H	D	Q	C	R	I
B	J	O	Y	D	D	W	I	I	L	X	L	M	E	A	B	O	C	C	E	E	Z	I	E	N
G	A	F	T	P	W	Q	V	R	A	P	U	O	R	G	S	N	E	M	O	N	R	A	E	G
J	G	F	H	Q	X	D	J	S	T	Z	F	K	C	G	Y	A	V	M	I	I	G	T	D	O
K	C	E	N	I	N	O	I	T	A	T	R	O	P	S	N	A	R	T	Y	L	Q	X	R	C
F	E	E	E	Z	I	C	R	O	C	H	E	T	I	N	G	B	O	O	K	C	L	U	B	R

ACRYLIC
BOCCE
COFFEE
FUNSINGERS
MAHJONGG
PUZZLE
SPECIALEXERCISE
VIDEOEXERCISE

BEADING
BOOKCLUB
CRIBBAGE
GAMEDAY
MEMORYCAFE
QUILTING
SUPPORTGROUP
WIIBOWLING

BETTERTOGETHER
BUZZELL
CROCHETING
GIVINGTREE
MENSGROUP
SEWING
TAICHI
YOGA

BINGO
CARDS
DANCEANDTONE
KNITTING
PODIATRIST
SHINE
TAXPREP
ZOOM

BLOODPRESSURE
CERAMICS
FUElassistance
LINEDANCING
POKER
SOCIALIZE
TRANSPORTATION
ZUMBA





TOWN OF WILMINGTON

CURRENT RESIDENT OR

PRESORTED
STANDARD
US POSTAGE
PAID
WILMINGTON,
MA



STAY ACTIVE AT HOME 99 FOR COMCAST/39 FOR VERIZON

Yoga with Joan	Tuesdays and Thursdays at 2:00PM (Also available on our Facebook page)
Special Exercise with Mary and Fred	Mondays at 11:00AM, Saturdays at 10:00AM (Also available on our Facebook page)
Zumba with Kelli	Video available to watch anytime on our Facebook page
Dance & Tone with Joie	Video available to watch anytime on our Facebook page

NEW VIDEOS COMING
SOON!

To find us on Facebook:
[www.facebook.com/
BuzzellSeniorCenter](http://www.facebook.com/BuzzellSeniorCenter) or
simply search Buzzell
Senior Center



WOW JR. RAFFLE

Starting Tuesday, September 8, 2020, call the center and give your name to be entered in the free raffle! More information to follow on our Facebook page. On Thursday, September 17, 2020 they will be drawing lucky winners! Thanks to **We're One Wilmington (WOW JR.)** and their members for sponsoring this fun raffle event for a second year.



TRANSPORTATION



Transportation is being provided for medical appointments only at this time.

Call us at 978-657-7595 to schedule a ride.

Please note that due to social distancing requirements, space on the van is limited.